CME REQUIREMENTS FOR LIFE LONG LEARNING (LLL) LEVEL 2 FEMALE PELVIC MEDICINE AND RECONSTRUCTIVE SURGERY SUBSPECIALTY CERTIFICATION

Candidates for Life Long Learning (LLL) Level 2 Female Pelvic Medicine and Reconstructive Surgery (FPM-RS) subspecialty certification must demonstrate their involvement in continuing medical education by documenting 90 CME credits (30 FPM-RS focused Category 1 credits and 60 Category 1 or Category 2 credits) within the three-year period prior to the application deadline of their FPM-RS subspecialty certification process.

Documentation of the requisite CME hours must be sent to the American Board of Urology office by April 1, 2026.

Category 1 (as defined by the American Medical Association [AMA])

Category 1 CME may take a number of forms, though the most relevant for practicing surgeons are *live or attendance-based activities* and *enduring materials*.
Live or attendance-based activities are CME activities that physicians must attend in order to receive credit. They may range from national conferences (such as the AUA annual meeting) to local workshops, seminars, grand rounds, or departmental scientific meetings.
Enduring materials are printed, recorded, audio, video, and electronic activities that may be used over time at various locations, and that in themselves constitute a planned CME activity. The SASP program is an excellent example of such an activity.
Upon completion of a Category 1 CME activity, the participant can expect to receive notification of credit earned and documentation from the sponsoring organization.

Category 2 Activity Types:

- Consultation with peers and medical experts
- Developing and reviewing quality assessment data
- Use of electronic databases in patient care (include name of facility or database)
- Use of enduring materials (reading) {provide title, date, and/or volume of publication}
- Small group discussions (provide group name and topic)
- Self-assessment activities
- Journal club activities (provide name of club and nature of activity)
- Teaching health professionals (provide setting and topic)
- Medical writing (provide name of publication and subject matter)
- Teleconferences (provide name of organization and topic of conference)
- Preceptorships
- Lectures, seminars, and workshops not designated in Category 1
- Other (specify)

Example of Category 2 CME log:

July 17, 2025	Robot Port Placement & method of operation Innovation Surgical, Ann Arbor MI	8 hours
January 18, 2025	Inpatient Electronic Medical Record Training University Hospital, Ann Arbor MI	10 hours
June 25, 2025	Interstim Training, Ann Arbor MI	5 hours
Weekly	Campbell's Urology	1 hour (total of 30 hours)
Monthly	Review quality assessment protocols as Director of Clinic Laboratory, Ann Arbor MI	8 hours