Candidates for Lifelong Learning Program levels 1 and 2 must demonstrate their involvement in continuing medical education by documenting 90 CME credits (30 urology focused Category 1 credits and 60 Category 1 or Category 2 credits) within the three-year period between June 30, 2021, and July 1, 2024.

Documentation of the requisite CME hours must be sent to the American Board of Urology office by July 1, 2024.

Category 1 (as defined by the American Medical Association (AMA)).

Category 1 CME may take a number of forms, though the most relevant for practicing surgeons are live or attendance-based activities, online CME activities such as those offered by the AUA and enduring materials.

Live or attendance-based activities are CME activities that physicians must attend in order to receive credit. They may range from national conferences (such as the AUA annual meeting) to local workshops, seminars, grand rounds, or departmental scientific meetings.

Enduring materials are printed, recorded, audio, video, and electronic activities that may be used over time at various locations, and that in themselves constitute a planned CME activity. The SASP program is an excellent example of such an activity.

Applicants for Lifelong Learning Level 1 and Level 2 must submit documentation of 90 urology focused CME credits. Category 1 documentation should be a copy of the certificate or verification documentation issued by the AUA or other CME sponsor. Category 2 activities should be logged by date (when possible), type of activity, description of activity, and number of hours claimed.

Category 2 Activity Types:

- Consultation with peers and medical experts
- Developing and reviewing quality assessment data
- Use of electronic databases in patient care (include name of facility or database)
- Use of enduring materials (reading) (provide title, date, and/or volume of publication)
- Small group discussions (provide group name and topic)
- Self-assessment activities
- Journal club activities (provide name of club and nature of activity)
- Teaching health professionals (provide setting and topic)
- Medical writing (provide name of publication and subject matter)
- Teleconferences (provide name of organization and topic of conference)
- Preceptorships
- Lectures, seminars, and workshops not designated in Category 1
- Other (specify)

**Example of Category 2 CME log:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 17, 2023</td>
<td>Robot Port Placement &amp; method of operation Innovation Surgical, Ann Arbor MI</td>
<td>8</td>
</tr>
<tr>
<td>January 18, 2023</td>
<td>Inpatient Electronic Medical Record Training University Hospital, Ann Arbor MI</td>
<td>10</td>
</tr>
<tr>
<td>June 25, 2023</td>
<td>Essential Pediatric Urology, Ann Arbor MI</td>
<td>5</td>
</tr>
<tr>
<td><strong>Weekly</strong></td>
<td>Campbell’s Urology</td>
<td>1 hour (total of 30 hours)</td>
</tr>
<tr>
<td><strong>Monthly</strong></td>
<td>Review quality assessment protocols as Director of Clinic Laboratory, Ann Arbor MI</td>
<td>8</td>
</tr>
<tr>
<td><strong>TOTAL (Category 2)</strong></td>
<td></td>
<td>61 Hours</td>
</tr>
</tbody>
</table>